

Conversations among Friends: Healing and Pleasure

A Community Dialogue Series

With Joanna Frueh, PhD, Renowned Scholar, Teacher, Artist

4 Dialogues

2nd Wednesdays, October-January, 7 PM
COPE Lifestyle Improvement Center (CLIC)
732 N. Stone Ave., Tucson
\$5 donation, *refreshments will be served*

This series is an interactive community dialogue focusing on healing and pleasure. Each conversation begins with Joanna and one conversation partner, followed by an invitation to audience members—new friends—to participate. Joanna will offer examples of transformation through pleasure, as documented in her recent book *A Short Story about a Big Healing*. The book features her personal 10-year healing odyssey, in which a breast cancer experience is prominent. She and her guests will share this new interpretation of the principle of pleasure as the balm to move us forward during life's challenges to a place of cure. As Joanna writes, "Pleasure accelerates healing." The title and focus of each Conversation come from healing aphorisms in her book.

Joanna Frueh, PhD, is an award-winning scholar, teacher, and artist whose books and performances celebrate beauty and the body. Her multifaceted engagement with those subjects includes research and experience, such as her inquiry into emotions and sensations, an examination of the female body in art and culture, and a passion for self-care and self-study.

Dialogue 1: "In this sculpture of my body I display my dreams."
Wednesday, October 9, 7 PM
Special Guest: Frances Murray, photographer

Dialogue 3: "I raise my chest high to toast my heart."
Wednesday, December 11, 7 PM
Special Guest: Mary Specio-Boyer, women's health care advocate

Dialogue 2: "One healing leads to another."
Wednesday, November 13, 7 PM
Special Guest: Kathleen Williamson, composer, songwriter, anthropologist, lawyer

Dialogue 4: "I dream myself into being through daily practices."
Wednesday, January 8, 7 PM
Special Guest: Leona Downey, medical oncologist